

The Streamlined
**HOME
CLEANING
ROUTINE**



OVERVIEW:

Staying on top of chores is essential to keeping a tidy home, but it can be easy for a few to slip through the cracks in the busyness of life. Setting a daily and weekly cleaning routine can make all the difference, allowing you to tackle your tasks without getting overwhelmed.

Print out this schedule to use as a jumping off point, making adjustments as needed to fit the season as well as your individual lifestyle.

WHAT'S INCLUDED:

- **Cleaning Schedule**
A list of daily and weekly chores to complete to keep your home tidy

The Streamlined HOME CLEANING ROUTINE

Daily

- Make the bed.
- Wipe down kitchen countertops.
- Wash and put away dishes.
- Put the dishes away.

Weekly

MONDAY

- Remove and discard expired foods from the refrigerator.
- Clean the fridge's interior.

TUESDAY

- Tidy up the mudroom or entryway area.
- Pick up clutter throughout the main living spaces.

WEDNESDAY

- Tidy the kitchen.
- Wipe down the fronts of your cabinets, refrigerator, oven, and dishwasher.
- Wipe down your sink and stove and the insides of your microwave, dishwasher, and oven.

THURSDAY

- Dust all surfaces throughout the home.
- Clean the windows.
- Clean the bathrooms.

FRIDAY

- Vacuum, sweep, and/or mop all floors.

SATURDAY

- Strip the beds.
- Wash all dirty clothes, towels, and linens.
- Remake the beds.
- Put towels and clothing away.

SUNDAY

- Take the day off!

Every Few Months

- Deep-clean the oven.
- Vacuum behind the refrigerator.
- Dust hard-to-reach spots such as ceiling-light fixtures and fans.